



**SONS OF NORWAY  
DISTRICT #2  
PRESENTS  
ADULT HERITAGE RETREAT  
SEPTEMBER 19-21, 2008  
AT TROLLHAUGEN**

Get “hands” on your Heritage!  
Learn crafts, language, cooking, Woodcarving,  
needlework, & much more!  
Limited number of spaces, so register early.

Cost of retreat is \$115.00 before September 1st  
(\$125.00 after September 1st) includes  
all costs for the weekend.

Please publicize this information at your lodge  
meetings and in your newsletters, for further

Information contact one of the following:

Doreen Parker – 360-538-0572

Chris Hicks – 425-672-0194

Ginger Fields – 509-734-7876





## INTEREST SURVEY

As we plan the Adult Cultural & Heritage Retreat it would be helpful to know about you and your interests. Please take a few minutes to complete this part of the application form.

1. Age group: 20-29 \_\_\_\_ 30-39 \_\_\_\_ 40-49 \_\_\_\_ 50-59 \_\_\_\_ 60-69 \_\_\_\_ 70+ \_\_\_\_  
Birth date (Month & Day) \_\_\_\_\_/\_\_\_\_\_

2. Have you ever studied the Norwegian language before? Yes \_\_\_\_ No \_\_\_\_  
If yes, please rate your proficiency:  
Native Fluency: \_\_\_\_ Fluent in most subject areas: \_\_\_\_ Limited \_\_\_\_

3. Hobbies and special interests: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

4. Give one interesting fact about yourself that no one in attendance would know:  
(please answer it will not be used against you)

\_\_\_\_\_

5. There are a variety of courses we plan on teaching. Please rank which activities you would like to join (1=1<sup>st</sup> choice, 2 or 3 etc.)  
Activities: Hardangersom: \_\_\_\_ Klostersom: \_\_\_\_ Cardweaving: \_\_\_\_ Rosemaling: \_\_\_\_  
Cooking: \_\_\_\_ Runes: \_\_\_\_ Folklore: \_\_\_\_ Mythology: \_\_\_\_ Woodcarving: \_\_\_\_  
Tatting: \_\_\_\_ Genealogy: \_\_\_\_ Spinning: \_\_\_\_ Language \_\_\_\_  
Other interests: \_\_\_\_\_

6. Do you have a special Norwegian skill that you would like to share? If so, which one?

\_\_\_\_\_

7. Any suggestions we should consider for future retreats? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**NOTE:** You will need to bring your own sleeping bags, towels and toiletry items, also bathing suits if you plan to use the hot tub. Remember, sleeping areas are dormitory style and some will be asked to sleep in the lofts. Takk!

**PLEASE COMPLETE BOTH PAGES OF THE APPLICATION! THANK YOU**

